
From: Borgert, Rebecca
Sent: Monday, August 29, 2016 3:03 PM EDT
To: Craig, Sara
CC: Moore, Elboni A.
Subject: FW: guidelines
Attachments: Endocrine Society Guidelines 2009_Transgender_highlighted.pdf, image001.png, image002.jpg

Sara,

Well, it looks like Arlene beat me to the punch. This does seem to be the guideline that AHCA would want to use as a basis for criteria. I was surprised that it was so old (2009) and that it hasn't been updated but I checked the Endocrine Society website and this is the most recent version.

I highlighted the PDF I have attached in terms of things I think would be relevant to consider in the development of the criteria. I'm not sure if you've had a chance to read this or not but in a nutshell they recommend:

- Diagnosis of gender identity disorder (GID) must be made by a mental health professional and confirmed by treating endocrinologists based on the DSM-IV-TR diagnostic criteria for GID
- GnRH therapy to suppress puberty in kids that are at least Tanner stage 2. Table 5 in the document has a list of some other eligibility requirements (adequate psychosocial support, etc) that we may want to include. Definition of Tanner stages is in Table 6
- Giving estradiol or testosterone to induce opposite-sex puberty should be initiated at the age of 16 (Doses are available in Table 9)

Let me know if I can help in any other way.

Thanks,
Becky

From: Elliott, Arlene [mailto:Arlene.Elliott@ahca.myflorida.com]
Sent: Monday, August 29, 2016 2:05 PM
To: Craig, Sara; Borgert, Rebecca
Cc: Williams, Susan C.
Subject: RE: guidelines

Summary of recommendations endocrine society:

<http://press.endocrine.org/doi/full/10.1210/jc.2009-0345>



Arlene Elliott - AGENCY FOR HEALTH CARE ADMINISTRATOR-SES

Bldg. 3, Rm. 2332A - BUREAU OF MEDICAID POLICY
2727 MAHAN DR TALLAHASSEE, FL 32308
412-4152 (Office)
Arlene.Elliott@ahca.myflorida.com



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From: Elliott, Arlene

Sent: Monday, August 29, 2016 1:33 PM

To: Craig, Sara <Sara.Craig@ahca.myflorida.com>; 'RJBorgert@magellanhealth.com' <RJBorgert@magellanhealth.com>

Cc: Williams, Susan C. <Susan.Williams@ahca.myflorida.com>

Subject: guidelines

<http://transhealth.ucsf.edu/tcoe?page=guidelines-youth>



Arlene Elliott - AGENCY FOR HEALTH CARE ADMINISTRATOR-SES

Bldg. 3, Rm. 2332A - BUREAU OF MEDICAID POLICY
2727 MAHAN DR TALLAHASSEE, FL 32308
412-4152 (Office)
Arlene.Elliott@ahca.myflorida.com



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